



21st Philadelphia Trans Wellness Conference

A PROGRAM OF  MAZZONI CENTER

CONTINUING EDUCATION TRACK PREVIEW

Behavioral Health Track.....2.
 Legal Track.....6.
 Medical Track.....7.

WORKSHOP SCHEDULE SEPTEMBER 5, 2024

Time	Room 200A - Legal	Room 200B - Medical	The Underground - Medical	Room 200C - Behavioral Health	The Reel Cinema - Behavioral Health
8:00 am - 9:15 am	Registration (2nd Floor South Lobby)				
9:15 am - 10:15 am	LGBTQ+ Civil Rights Protections and Enforcement	Providers in Action: Helping Your Patients Get Their Care Covered	The Role of Rehabilitation Professionals on the Gender-Affirming Healthcare Team: How PT, OT, and SLP Referrals Can Help Patients Thrive	Leveraging Ketamine-Assisted Psychotherapy for Trans Liberation	Renaissance: Developing Leadership Skills and Therapeutic Supports for Gender-Diverse Emerging Adults
10:30 am - 11:30 am	LGBTQ+ Youth Disparities and Advocacy in Child Welfare, Juvenile Justice, and Education	Enhancing HIV Testing Rates Among TGNC Communities: Exploring the Impact of Comprehensive Community-Centered Services	How Patients Want You to Talk with Them about Sexual Health Data: Informed Recommendations for Patient-Provider Communication	Cultural Humility: Exploring Queerness from a Decolonized Perspective	Practical Strategies for Fostering Family Acceptance for Transgender Individuals in Families and Communities
11:30 am - 12:45 pm	Lunch Break				
12:45 pm - 1:45 pm	Navigating Denials of Care for TGNB Clients: How to Use Health Insurance Appeals to Support Your Client and Your Case	Intervening in Harm: Concrete Interventions to Resist Criminalization of Trans and Gender-Expansive People in Healthcare	Sexual Assault Care and Aftercare for the Trans Survivor	Geek Out! An Introduction to Geek Therapy to Better Connect with Clients and Build Community	Navigating Difficult Conversations with Parents and Caregivers of Trans and Gender-Diverse Youth
2:00 pm - 3:00 pm	TGNCNB Parent Advocacy	Gender-Affirming Practices and Behaviors: A Harm Reduction Approach	Building JOY: Development and Growth of a Comprehensive Gender Program for Youth	How to Effectively Use Countertransference	Letter Writing for Medical Affirming and Confirming Care for Mental Health Providers
3:15 pm - 4:15 pm	Two Sides of the Same Coin: Criminalization of Abortion Care and Gender-Affirming Care	Beyond "Complex Patients": Understanding Chronic Health Conditions in Gender-Diverse Patients	Comprehensive Gynecologic Care for Transgender and Gender-Diverse Patients	Transforming Crisis Response: Why Trans and Nonbinary Clinicians Are Essential to Providing Affirming Care	The Role of Emotions in Transgender Advocacy
4:30 pm - 5:30 pm	Navigating Government ID Documents in PA and Other States	Bodily Autonomy, Abortion, and SRH Access for Trans/GNC Populations	Preparing Patients for Life after Vaginoplasty	Healing Justice: An Emerging Approach to Combating the Harmful Impacts of Coloniality within the African Diaspora in the United States	Building Body-Inclusive Practices and Challenging Anti-Fat Bias

WORKSHOP DESCRIPTIONS

(IN ALPHABETICAL ORDER BY CREDIT TYPE)

BEHAVIORAL HEALTH TRACK

BUILDING BODY-INCLUSIVE PRACTICES AND CHALLENGING ANTI-FAT BIAS

CASSANDRA LEE-ANN AVENATTI (THEY/THEM)

This workshop invites participants to examine and challenge their biases and assumptions about body size and the ways that anti-fat bias impacts all aspects of client care. The presenter provides historical context for anti-fatness and explores the intersections of race, gender, sexuality, class, and ability with body size. Participants will develop a deeper understanding of the breadth of systemic discrimination and harm experienced by those in larger bodies and will explore best practices for providing size-inclusive health services. The group will close by discussing strategies for challenging diet culture, anti-fatness and ableism in professional spaces.

CULTURAL HUMILITY: EXPLORING QUEERNESS FROM A DECOLONIZED PERSPECTIVE

AIDAN L. GRENELL CORMIER (THEY/THEM) & RANDALL LEONARD (THEY/THEM)

Rooted in decolonization, this workshop focuses on working with trans and gender-nonconforming individuals by considering the often ignored or erased histories of trans and gender-nonconforming people in history. This workshop covers the impacts of colonization on gender identity and theory, different expressions of gender, and ways to create a culturally competent space that allows for gender perspectives outside of Western European perspectives of gender deviance.

GEEK OUT! AN INTRODUCTION TO GEEK THERAPY TO BETTER CONNECT WITH CLIENTS AND BUILD COMMUNITY

LANCE MADOW (HE/THEY)

Geek and nerd culture is on the rise! Activities that used to be considered too nerdy and media that was deemed only for children are becoming more popular. As acceptance and accessibility towards comic books, animated series, and tabletop games (and many more kinds of geek media) increases, so does the level of connection clients make to that media. This is especially true for queer and trans folks who may see themselves reflected in these characters. Connecting with characters trans clients hold dear assists clients in the identity formation process and makes building community more accessible. Using Geek Therapy, clinicians can better understand what clients are going through and build strong therapeutic alliances through bridging the gap between therapy and interests. Building rapport through shared knowledge, generating memorable metaphors, creating interactive activities, and working on attachments through characters are just some of the ways Geek Therapy can be incredibly beneficial to you and your queer and trans clients!

HEALING JUSTICE: AN EMERGING APPROACH TO COMBATING THE HARMFUL IMPACTS OF COLONIALITY WITHIN THE AFRICAN DIASPORA IN THE UNITED STATES

JAI THOMPSON (THEY/THEM)

The exploration of healing justice as a new and emerging approach to the healing lineages of societal, paternal, maternal, and environmental harm as a concept that derives from the response of Black, Indigenous, People of Color (BIPOC) and Queer, Trans, Black, Indigenous, People of Color (QTBI-POC) regarding the license or lack thereof regarding their own healing processes combined with the specific and unique practices each person actualizes through investigative practice. Curiosities, methodologies and interventions anew inform urban educators, social workers, and medical practitioners of the consistent need to pilot and explore safe space creation within education, social work, community behavioral health, politics, and more. The consistent narrative specifies safety, its role, and the forced navigation of coloniality, imperialism, hegemony, capitalism, and patriarchy in the western world. This presentation will explore the emergence of healing justice as a tool and concept to be used in education and social work globally. Its purpose is to expose the systematic literature review on the concept of healing justice to specifically address definitions of healing justice and how this concept is being used in urban education, BIPOC communities, QTBIPOC communities, and social work.

HOW TO EFFECTIVELY USE COUNTERTRANSFERENCE

S.J. LANGER (HE/HIM)

How are we to be involved and connected to TGD patients while respecting their autonomy? How do we support freedom over normality? How do we keep countertransference “in check” as Freud said, in order to create analytic neutrality? We are practicing in a context in which many of our patients are not just excluded or oppressed by institutions but actively being annihilated by them across multiple intersections. We see the corrosive effects of violence, personal and political, enacted on our patients more deeply than most people. White supremacy, patriarchy, and gender conformity are interwoven tactics to keep those in power, in power (Feinberg, 1996). This workshop will interrogate the topic of neutrality and countertransference in psychotherapy, trans health, and clinical research and how we protect the individual treatment and trans health broadly. It will also examine the role of supervision with TGD and cisgender clinicians.

LETTER WRITING FOR MEDICAL AFFIRMING AND CONFIRMING CARE FOR MENTAL HEALTH PROVIDERS

JULIE WILCOX (SHE/HER)

This workshop will focus on identifying possible medical procedures that clients may desire for gender affirmation and/or confirmation. The focus will be on how to use best practices to provide comprehensive letters for the client’s benefit. Professional ethics and the WPATH will be discussed. The training will also focus on familiarizing oneself with insurance documents and expectations that may also impact a client’s access to such care.

LEVERAGING KETAMINE-ASSISTED PSYCHOTHERAPY FOR TRANS LIBERATION

EMET BERGMAN (THEY/THEM)

This workshop offers an engaging opportunity for participants to explore the core components of ketamine-assisted psychotherapy (KAP) and to consider specific applications of this modality in support of trans healing, embodiment, and liberation. Participants will come away with a foundational understanding of KAP practice and research, tools for supporting liberatory psychedelic spaces for queer and trans folks, and resources to continue learning about KAP.

NAVIGATING DIFFICULT CONVERSATIONS WITH PARENTS AND CAREGIVERS OF TRANS AND GENDER-DIVERSE YOUTH

SYD LABONTE (THEY/THEM)

Research shows that supportive adults can be instrumental in improving health outcomes for trans and gender-diverse youth (TGD). This workshop will cover the clinical intricacies of working with TGD children, youth, adolescents, and their caregivers. Clinical strategies will be provided for supporting parents and caregivers at all stages of acceptance. The presenter will provide an open, non-judgmental space for participants to ask questions and learn from one another's experiences.

PRACTICAL STRATEGIES FOR FOSTERING FAMILY ACCEPTANCE FOR TRANSGENDER INDIVIDUALS IN FAMILIES AND COMMUNITIES

JANNA BARKIN (SHE/HER) & JILLIAN CELENTANO (SHE/HER)

This impactful session will explore the pivotal factors influencing family acceptance or rejection and provide invaluable strategies and resources to foster greater understanding and acceptance. Research underscores the crucial role of familial support, love, and acceptance in the success and well-being of transgender and gender-diverse youth. Studies reveal that having at least one supportive adult, particularly a primary caregiver, significantly enhances their prospects for thriving. Transitioning is a profound journey not only for the individual but for each family member, each navigating their unique adjustment process shaped by diverse factors such as culture, religion, socioeconomic status, race, and community dynamics. This session recognizes the multifaceted nature of family acceptance and equips attendees to serve as a crucial pillar of support for families in need. Participants will gain practical insights and compassionate guidance for fostering open communication and understanding within families. We will explore effective tools to fortify familial bonds, cultivate empathy, and create a nurturing environment conducive to the wellbeing of every family member, particularly transgender youth. We will embrace strength-based strategies that bolster family acceptance and empower attendees to be agents of positive change within their communities.

RENAISSANCE: DEVELOPING LEADERSHIP SKILLS AND THERAPEUTIC SUPPORTS FOR GENDER-DIVERSE EMERGING ADULTS

LAURA BROWN-RIVERA (SHE/THEY) & JAMISON TYLER (THEY/HE)

Emerging adults (18-29 years old) are a demographic in our community that does not get enough spotlight. Young adulthood is a time for people to spread their wings and learn what it means to be their authentic selves, an opportunity that many queer youth are denied in their adolescence. But what happens when you “age out” of youth pride programming? How do you find kinship and community outside of college campuses? When do queer young adults get to experience their own “Renaissance”? In this workshop, your presenters will speak about their experiences facilitating leadership programming for young adults and share their insights on the unique needs and supports of gender-diverse emerging adults.

THE ROLE OF EMOTIONS IN TRANSGENDER ADVOCACY

RANDALL LEONARD (THEY/THEM)

Emotions play a crucial role in the fight for transgender advocacy and liberation, influencing both personal experiences and collective movements. This training delves into the emotional landscapes of transgender individuals and the impact of these emotions on their advocacy efforts. Participants will explore challenging preconceptions, navigating and normalizing emotions, the power of empathy and solidarity, transforming emotions into action, and healing and self-care. Join us for an engaging and insightful workshop where we uncover the profound role emotions play in the journey towards transgender advocacy and liberation. Participants will leave with a deeper understanding of how to harness the power of emotions to support and uplift the transgender community.

TRANSFORMING CRISIS RESPONSE: WHY TRANS AND NONBINARY CLINICIANS ARE ESSENTIAL TO PROVIDING AFFIRMING CARE

JUL GORMAN (THEY/SHE) & SERGINHO WALKER (HE/HIM)

Crisis services play a vital role in de-escalating mental health emergencies and connecting individuals with ongoing support. However, these services often lack representation from the communities they serve. This presentation explores the critical benefits of hiring transgender and nonbinary clinicians for crisis teams. We will examine the challenges faced by trans and nonbinary individuals seeking mental health support and how trans and nonbinary clinicians can bridge gaps in understanding and trust. The presentation will highlight the unique skills and insights these clinicians bring to crisis work including cultural competency, tailored interventions, and the ability to address discrimination and stigma. By fostering a more inclusive environment and reducing barriers to care, trans and nonbinary clinicians can significantly improve client outcomes and build stronger connections during moments of crisis. This presentation will explore the positive impact of creating a sense of inclusion and belonging on clients, clinicians, and the crisis field, and it will conclude with a call to action for increased representation.

LEGAL TRACK

LGBTQ+ CIVIL RIGHTS PROTECTIONS AND ENFORCEMENT

AJ VOGT (HE/HIM)

This presentation will provide an overview of civil rights laws and protections that apply to and serve to protect the LGBTQ community and further educate participants on how to utilize certain resources to enforce those legal protections.

LGBTQ+ YOUTH DISPARITIES AND ADVOCACY IN CHILD WELFARE, JUVENILE JUSTICE, AND EDUCATION

DANNY KING (HE/SHE/THEY)

In the United States, LGBTQ+ youth, predominately youth of color, face distinct harms when it comes to the child welfare, juvenile justice, and education systems. These disparities are particularly present for LGBTQ+ youth and youth of color due to systemic racism, sexism, homophobia, and transphobia. Other social drivers such as family acceptance, poverty, and lack of community resources also contribute to the overrepresentation of LGBTQ+ youth and youth of color in the child welfare and juvenile justice systems. This presentation will give an introduction to the disparities LGBTQ+ youth face in the child welfare, juvenile justice, and education systems and discuss legal advocacy NCLR has engaged in on behalf of LGBTQ+ youth and youth of color in these systems. This presentation will also share some LGBTQ+ community resources aimed at better supporting children and families.

NAVIGATING DENIALS OF CARE FOR TGNB CLIENTS: HOW TO USE HEALTH INSURANCE APPEALS TO SUPPORT YOUR CLIENT AND YOUR CASE

FIADH MCKENNA (SHE/THEY) & CATHY ZHANG (HE/ANY)

As restrictions on gender-affirming care continue to proliferate across the country, it is imperative that attorneys understand how to effectively advocate for their TGNB clients within the health insurance appeal process. Moreover, attorneys should be aware of how the health insurance appeal process and “medically necessary” determinations can affect litigation challenging exclusions of gender-affirming care in healthcare policies.

NAVIGATING GOVERNMENT ID DOCUMENTS IN PENNSYLVANIA AND OTHER STATES

MATT GAYLE (HE/HIM)

Many transgender, nonbinary, and gender-nonconforming people choose to update the gender marker on their official identity documents to match their gender identity. Accurate and consistent gender markers help trans people gain access to public spaces and resources as well as reduce their risk of facing violence and discrimination. Some states have also introduced the gender-neutral “X” marker. This presentation will explore the process of changing gender markers on identity documents in Pennsylvania and beyond.

TGN CNB PARENT ADVOCACY

NESTA JOHNSON (SHE/HER) & SARAH KATZ (SHE/HER)

LGBTQ+ parents and parents of LGBTQ+ youth encounter bias and structural discrimination in every aspect of family law practice. In family formation, parentage establishment, seeking public benefits, obtaining a safe and relationship dissolution, custody/visitation, and dependency proceedings, attorneys representing LGBTQ+ parents and youth should be prepared to encounter complexity and even hostility. Despite the extensive body of research showing that “the kids are all right,” that the children of LGBTQ+ parents fare at least as well as the children of non-LGBTQ+ parents in adulthood, and that parental affirmation is crucial to the mental health of TGE youth, Family Court decisions frequently do not accord with what we know is in the best interests of LGBTQ+ youth and families. Affirming parents of TGE youth face particularly steep challenges in custody/visitation and dependency proceedings. Lawyers representing LGBTQ+ parents and the parents of LGBTQ+ cases in the family courts need to understand and be prepared for the unique legal challenges encountered in representing LGBTQ+ parents and the parents of LGBTQ+ youth, be equipped to recognize and fight against discrimination, and employ strategies to prevent future legal issues through holistic legal practice.

TWO SIDES OF THE SAME COIN: CRIMINALIZATION OF ABORTION CARE AND GENDER-AFFIRMING CARE

MIRNA HAIDAR (THEY/SHE) & EM LAWLER (SHE/THEY)

The Repro Legal Defense Fund has been working with folks who are criminalized for pregnancy outcomes and runs the Trans Health Legal Fund in partnership with Transgender Law Center. In this workshop we will explore the legal parallels between criminalization for pregnancy outcome and gender-affirming care, and how state violence has harmed our communities for engaging in bodily autonomy. We apply lessons learned in our practice and experience in mounting strong defenses against criminalizing people for pregnancy outcomes and If/When/How’s research to criminalization of gender-affirming care. We will share the legal landscape and common tactics used in mounting a strong defense in the face of the criminalization of pregnancy outcomes, highlighting case studies of intersectional work between criminal, family, and immigration courts. We will also focus on practical support to prevent and respond to criminalization with discussions on our work as a bail and legal fund and If/When/How’s research on mandated reporting.

MEDICAL TRACK

BEYOND “COMPLEX PATIENTS”: UNDERSTANDING CHRONIC HEALTH CONDITIONS IN GENDER-DIVERSE PATIENTS

JESS ROMEO (HE/THEY)

When you work with gender diversity, you will work with chronic illnesses, particularly a few conditions that are widely seen in gender-diverse patients, but poorly understood across the healthcare system. Conditions like POTS, ME/CFS, Fibromyalgia, MCAS, and EDS are well-known among us, but patients struggle with symptoms for several years before being able to access informed providers for assessment, diagnosis, and treatment. This presentation will review the things I had to learn on my own to care for the patients in my practice, as well as discuss how systemic problems in our current healthcare system preclude most organizations from adequately treating these patients.

BODILY AUTONOMY, ABORTION, AND SRH ACCESS FOR TRANS/GNC POPULATIONS FINN WILDER-PIPER (THEY/THEM) & LINDSEY WILDER-PIPER (SHE/HER)

This presentation will include facilitated small-group discussions to synthesize learning and craft actionable steps to create safer experiences for gender-diverse populations in sexual and reproductive health. We will use a reproductive justice model to explore bodily autonomy as it relates to sexual and reproductive health and justice.

BUILDING JOY: DEVELOPMENT AND GROWTH OF A COMPREHENSIVE GENDER PROGRAM FOR YOUTH

ELYSE PINE (SHE/HER) & SAILOR HOLOBAUGH (HE/HIM)

In 2015, Chase Brexton, a FQHC, developed a program for transgender and gender-diverse youth (TGD) incorporating primary care, pediatric endocrinology, and behavioral health to serve the needs of the community. Over time, challenges and needs were identified specific to pediatric transgender care such as access and scheduling, insurance coverage, and custody disputes. The model of care has shifted over time to incorporate the complexity of pediatric transgender care including a pediatric trans care navigator and developing a formal process for graduation to adult care. This workshop will address the elements of identifying and addressing challenges in the provision of gender care to youth.

COMPREHENSIVE GYNECOLOGIC CARE FOR TRANSGENDER AND GENDER-DIVERSE PATIENTS

K. ASHLEY BRANDT (SHE/THEY)

This presentation will review the healthcare barriers transgender and gender-diverse patients face when they seek obstetric/gynecologic care. It will also expound upon the role of the obstetrician/gynecologist as it relates to gender-affirming care. Furthermore, the presentation will review the evaluation, management, and updated health screenings (such as pap tests, mammograms, etc.) for both transmasculine/nonbinary and transfeminine/nonbinary patients in pre-operative and postoperative settings.

ENHANCING HIV TESTING RATES AMONG TGNC COMMUNITIES: EXPLORING THE IMPACT OF COMPREHENSIVE COMMUNITY-CENTERED SERVICES

ZEPHYR MERKUR (THEY/THEM)

Listening to community needs is a vital aspect of successful healthcare outreach, yet many still do not know how to make authentic connections with a community to do this. This workshop is based on a case study of outreach with a TGNC community supported by HIV testing grants, moving the Testing Center from Under Performing to Over Performing on the grant from 2019 to 2023. In attending and testing at prominent TGNC community events in the area, we provided a wanted service alongside the community's own needs. By the end of the workshop, we aim to have participants think of specific ways to build relationships with TGNC communities in their service areas and authentically hear their needs including the necessity of bringing in and employing those from the TGNC communities you wish to serve.

GENDER-AFFIRMING PRACTICES AND BEHAVIORS: A HARM REDUCTION APPROACH **L AUSTIN SPOONER (HE/THEY)**

This discussion-based workshop aims to provide a foundational understanding of gender-affirming practices through a harm reduction lens, promoting safer alternatives and supportive client-provider relationships. Attendees will explore various gender-affirming behaviors including binding, tucking, hormone usage, shape-altering behaviors, and more, assessing both their protective and risky outcomes. The session will focus on how the risks of these behaviors intersect with patient health conditions, medical histories, and the lived experiences of multiply-marginalized transgender people. Key topics include creating safe environments for disclosure, adopting morally neutral language, supporting clients in adopting safer practices, recognizing signs of possible risks, and challenging common misconceptions. Through this workshop, providers will gain the tools to foster collaborative relationships, improving health and wellness outcomes for transgender people by balancing the risks of bodily harm with the psychological needs of their clients.

HOW PATIENTS WANT YOU TO TALK WITH THEM ABOUT SEXUAL HEALTH: DATA-INFORMED RECOMMENDATIONS FOR PATIENT-PROVIDER COMMUNICATION **ELIJAH CASTLE (HE/HIM), AUGUSTUS KLEIN (HE/HIM), & JOHN CASTLE**

Guidelines for discussing sexual health with patients have evolved over the years, yet many providers feel uncomfortable having conversations with patients about their sexual health needs. Here, we will present findings from our own research with a sample of sexually active trans men and transmasculine people including their perspectives on patient-provider discussions about sexual health. Additionally, we will present data from this sample about the diversity of sexual experiences and healthcare concerns that trans men and transmasculine people have to help dispel existing stereotypes. Attendees will become familiar with common themes and approaches to sexual health conversations that resonated with our participants. We hope that attendees will come away from this workshop feeling better prepared to have conversations about sex and sexual health with all patients, especially trans patients.

INTERVENING IN HARM: CONCRETE INTERVENTIONS TO RESIST CRIMINALIZATION OF TRANS AND GENDER-EXPANSIVE PEOPLE IN HEALTHCARE **LAURA J MINTZ (THEY/THEM)**

This is a practical workshop to support clinicians to plan and create strategies to resist the day-to-day criminalization of trans and gender-expansive people within healthcare settings. The workshop will be primarily conversation focused with a focus on creating a picture for practical approaches intervening in the criminalization of the patients we treat. This workshop is for those that want to think about providing care in a way aligned with their own values in systems not made for any of us. It will describe a framework to understand the breadth of criminalization within healthcare, strategies that can resist criminalization, and an opportunity to work with peers to think through ideas to bring back wherever you practice.

PREPARING PATIENTS FOR LIFE AFTER VAGINOPLASTY

STACY FATEMI (THEY/THEM)

What's it really like to get vaginoplasty? And are we adequately preparing patients for life with a brand-new body part? Historically, vaginoplasty is a surgery that has rarely been discussed with openness or accuracy. This has led to a lack of information and has contributed to the negative stigma around gender-affirming bottom surgery. Patients are often left in the dark, even about details as major as sex and pleasure, and as minor as how to wipe. Led by a vaginoplasty recipient, this workshop builds on the relatively small body of public knowledge with a plethora of lived experience regarding the intricacies of recovery and the joy of gender euphoria.

PROVIDERS IN ACTION: HELPING YOUR PATIENTS GET THEIR CARE COVERED

FIADH MCKENNA (SHE/THEY) & ALI HARRIS (HE/THEY)

Despite transformational regulatory changes in both public and private health insurance, TGNB individuals still struggle to obtain coverage for both transition-related and “sex-specific” services. Medical and behavioral health providers play pivotal roles in ensuring that their patients successfully navigate coverage for care. The exceptional administrative burden required to advocate for gender-affirming insurance approvals frequently results in many TGNB patients opting to pay out-of-pocket or forego care entirely. Strong provider knowledge of insurance systems and their roles with these approval processes help mitigate the financial barriers to care. This workshop reviews common causes for insurance denials that TGNB people face when seeking coverage for gender-affirming care and effective tools to remedy coverage challenges. Reviewed topics will include an introduction to important health insurance terminology, best practices to navigate insurance policies, and a troubleshooting guide of when and how to get help from knowledgeable health advocates.

SEXUAL ASSAULT CARE AND AFTERCARE FOR THE TRANS SURVIVOR

ALLISON DENMAN (SHE/THEY)

This workshop will address the role of the SANE nurse in medicolegal practice, trans-specific risks for injury, considerations of care for the trans survivor of sexual violence during and after the SANE examination, and safety discharge planning for the trans survivor of sexual violence. This information is sourced from Philadelphia's only Sexual Assault Nurse Examination team at the Philadelphia Sexual Assault Response Center.

THE ROLE OF REHABILITATION PROFESSIONALS ON THE GENDER-AFFIRMING HEALTHCARE TEAM: HOW PT, OT, AND SLP REFERRALS CAN HELP PATIENTS THRIVE **EMMA KAESER (SHE/HER), ALYSSA TARANTINO (SHE/HER), & SAMANTHA MITCHELL (THEY/THEM)**

This workshop aims to increase awareness of the role of rehabilitation professionals including physical therapy (PT), occupational therapy (OT), and speech language pathology (SLP) in the promotion of wellness and comprehensive healthcare for trans and gender-nonconforming individuals. Attendees will learn about the wide array of therapeutic interventions that our therapists employ in the outpatient setting including acute pre/post-operative care and gender-affirming rehabilitation services throughout the lifetime. Attendees will gain a broad understanding of the roles played by rehabilitation services in gender-affirming healthcare and be confident in their ability to make appropriate referrals when indicated. We hope that improved understanding of the many ways that PT, OT, and SLP can support trans individuals can promote improved wellbeing and quality of life on an individual and community level. When adjunct rehabilitation services are frequently and appropriately utilized, patients can improve function, decrease pain, and have the opportunity to thrive.