



Transgender Health Program

Mazzoni Center Family and Community Medicine

Our Services

Regardless of gender identity or gender expression, Mazzoni Center provides compassionate and non-judgment medical care to Philadelphia's wonderfully diverse transgender community. We are especially proud of our ability to provide this care and continually seek feedback from the community.

Transgender Services at Mazzoni Center include:

- Primary Medical Care
- Hormone therapy and monitoring
- Referrals to specialty providers and community resources

While we do not provide hormones on site, we work in partnership with specialized pharmacies that provide quality care at affordable rates.

Mazzoni Center operates on an Informed Consent Model for hormone therapy. This means that there is no requirement for a letter from a therapist or specific requirements about how long you have been living as your preferred gender. Informed Consent means that you are able to make decisions about your medical care based on accurate information concerning the potential risks and benefits of hormone therapy.

Mazzoni Center providers work together under a team approach. Patients are integral in the decision making process and are joined by clinicians, social workers, and case managers to ensure that we provide comprehensive and appropriate care.

Our Process

Attend your First Medical Appointment

To begin hormone therapy at Mazzoni Center, the first step is to make a new patient appointment with any available clinician. At the first medical appointment, patients discuss the medical considerations for beginning or continuing their transition hormonally. This will include a medical history, physical exam, and blood work.

For individuals under the age of 18 years old, there is a different process for hormone therapy at Mazzoni Center. All patients under the age of 18 must be accompanied by

their legal guardian at each visit. If they have more than one legal guardian, both must approve of the treatment plan. Youth are still required to follow the overall process, but all cases are reviewed by the Transgender Care Team and the issue of medical consent is addressed on a case by case basis.

To schedule your medical appointment, call Mazzoni Center at (215) 563-0658. Your cost for this visit is based on insurance eligibility or on our sliding scale fee structure. These options will be discussed with you when you call to make your appointment.

Meet with our Transgender Care Specialist

In this session a psychosocial history is taken with special focus on gender identity development and role expression through the person's life, including past transition experiences. Additionally, Informed Consent requires an understanding of the risks and benefits of beginning hormone therapy. As such, part of this session is educational in nature. This session is not counseling or long-term psychotherapy, but can be helpful in providing psycho-educational information and confirmation of consent. Although we don't require a letter from a therapist for each case, at the teams' discretion, a consult with a therapist or psychiatrist may be required.

Attend your Second Medical Appointment

During your second Mazzoni Center appointment, you will review your lab work with your clinician and discuss whether hormones are the best step for you. Hormones are only prescribed if medically safe and you can make an informed consent. In rare cases we do reserve the right to deny hormone therapy.

On-going Medical Care

Once prescribed hormones, patients should expect to return to Mazzoni within three months. Blood work to monitor hormone levels and overall health is discussed during these visits. If you are using injectable hormones, Mazzoni Center offers self injection lessons with our medical support staff.

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215-563-0658

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